

# **The Role of One Nurse Consultant Within Cardiothoracic Surgery**

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# The Role of One Nurse Consultant Within C-T Surgery

## Nurse Consultancy: Common Core Functions

- Expert Practice (50% Clinical Practice)
- Professional Leadership & Consultancy
- Education, Training & Development
- Practice & Service Development

# The Role of One Nurse Consultant Within C-T Surgery

## **Context of the Cardiac Care Role**

- Cardiothoracic Surgery only part of role remit
- LBSU funds half the salary
- My clinical practice is mainly cardiology:
  - Rapid Access Chest Pain Clinic
  - Familial Vascular Risk Clinic
  - The Monitored Zone within Acute Admissions Unit

# The Role of One Nurse Consultant Within C-T Surgery

## Cardiothoracic Aspect of Role

- Thoracic Surgical Care at Heart Hospital
- Critical Care Outreach at Heart Hospital
- C-T Research Success and Failure
- Supporting/Challenging & Educating Staff

# The Role of One Nurse Consultant Within C-T Surgery C/O Thoracic Surgical Patient

- C-T Surgery at UCLH
  - 40% is Thoracic
  - Thoracic was the Cinderella service
- Support & Challenge for Thoracic CNT
- Development of Thoracic Care module
- Spreading the word

# The Role of One Nurse Consultant Within C-T Surgery

## Spreading the Word

- HH staff provided Thoracic Study Days for a local private hospital
- This raised money for Thoracic Fund:
  - money for conferences etc.

## The Role of One Nurse Consultant Within C-T Surgery

# Critical Care Outreach

- Professional Lead
- One clinical session per week
- Support & Challenge for G-grade who launched the service
- Development of MSc Advanced Nursing Practice Module LSBU
- Where we are now

# The Role of One Nurse Consultant Within C-T Surgery Research

## ■ Successful

- “Perceived effect of a Thoracic module on the care of thoracic patients”

## ■ Unsuccessful (so far)

- Setting up a research study on effect of Entonox gas on the pain of Chest Drain Removal

# The Role of This Nurse Consultant Within C-T Surgery

## Other “Stuff”

- Facilitation of ECG workshops
- Clinical Supervision
- Support & Challenge
  - G grades
  - Matron
  - Practice Development Nurses
  - Nursing teams

# The Role of This Nurse Consultant Within C-T Surgery

## Nurse Consultant in Cardiothoracic Care

### ■ Are appointed to :

Y Provide better outcomes for patients by improving the service and quality

Y Strengthen leadership

Y Retain experienced and expert N,M and HVs in practice

### ■ Roles are constructed to satisfy the needs of individual services/specialties